

# Sugar Science

## Roundtable

Growing scientific evidence shows that eating too much added sugar over time is linked to health problems, including serious diseases.

SugarScience is the authoritative source for evidence-based, scientific information about sugar and its impact on health.

Too much fructose, a common type of **SUGAR**, can damage your liver, just like too much **ALCOHOL**.

 **sugarscience.org**  
the unsweetened truth

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**January 26, 2018**  
**12:00PM**

**Dr. Laura Schmidt** is a Professor of Health Policy in the UCSF School of Medicine. She seeks to help society better understand the risk factors associated with chronic disease. **Dr. Kimber Stanhope** is a Researcher in Molecular Biosciences in UC Davis Veterinary Medicine. Her research focuses on the effects of sugar consumption on the body. **Dr. Nancy Keim** is an Adjunct Professor in the Department of Nutrition at UC Davis. She studies the relationships between food and the human body.

Student Community Center  
Multipurpose Room



**Global Food  
Initiative**  
UNIVERSITY OF CALIFORNIA

**UC DAVIS**  
INSTITUTE FOR FOOD AND  
AGRICULTURAL LITERACY

**SCIENCE**  
*really* **SAYS** 

Lunch will be provided